

Log of 1015 hauling 1Z83 17.43 Norwich to Liverpool Street 20/12/08 11 coaches 392 tonnes tare

Timing point	M.P. mileage		Sched times	Recorded times			Rec speed	Running times		Av speed MPH
	Miles	Chains		Hrs	Mins	Secs		Mins	Secs	
NORWICH	114	21	17.43	17	51	16				
Trowse Swing Br	113	49	17/45	17	52	40		1	24	27.86
Diss	94	79	18/03	18	8	46	96/87	17	30	69.41
Haughley Jn	82	79	18/14	18	16	52	99	25	36	88.89
Stowmarket	80	46	18/19	18	18	33	54	27	17	85.99
Needham Market	77	7		18	21	32		30	16	70.14
Claydon	73	47		18	24	5		32	49	82.35
East Suffolk Jn	69	41	18/32	18	27	25		36	9	73.35
Ipswich	68	59	18/34	18	28	38	/88	37	22	38.22
Manningtree	59	35	18/44	18	37	30	65	46	14	62.93
Ardleigh	56	4		18	40	35	72/90	49	19	65.92
Colchester	51	52	18/57	18	44	1	53/67	52	45	76.89
Marks Tey	46	49	19/02	18	49	8	45	57	52	59.07
Kelvedon	42	21		18	53	59	59	62	43	53.81
WITHAM	38	47	19.10½	18	59	33	-	68	17	39.61
WITHAM	38	47	19.20	19	0	8		68	52	0.00
Hatfield Peverel	35	74		19	4	10	70	72	54	39.61
Chelmsford	29	60	19/30	19	9	28	52	78	12	69.91
Church Lane L.C.	24	68		19	13	55	74	82	39	66.07
Ingatestone	23	50		19	14	53	75	83	37	76.03
Shenfield	20	16	19/44	19	17	52	40	86	36	68.88
Brentwood	18	16		19	20	10	66	88	54	52.17
Gidea Park	13	41	19/50	19	23	36	87	92	20	81.92
Goodmayes	9	23		19	26	30	81	95	14	87.41
Ilford	7	28	19/55	19	28	14		96	58	67.07
Stratford	4	0	20/01	19	31	47		100	31	56.62
Bethnal Green	1	10	20/07	19	35	12		103	56	50.49
LIVERPOOL ST	0	0	20.10	19	39	13		107	57	16.80